

Salisbury struggles to patch potholes, aging infrastructure Pg. 3



Featured Stories

Men's and Women's Sea Gull lacrosse teams start off with wins Pg. 12

Index

News.....	1
Global.....	5
Editorial.....	6
Life & Style.....	8
Sports.....	12

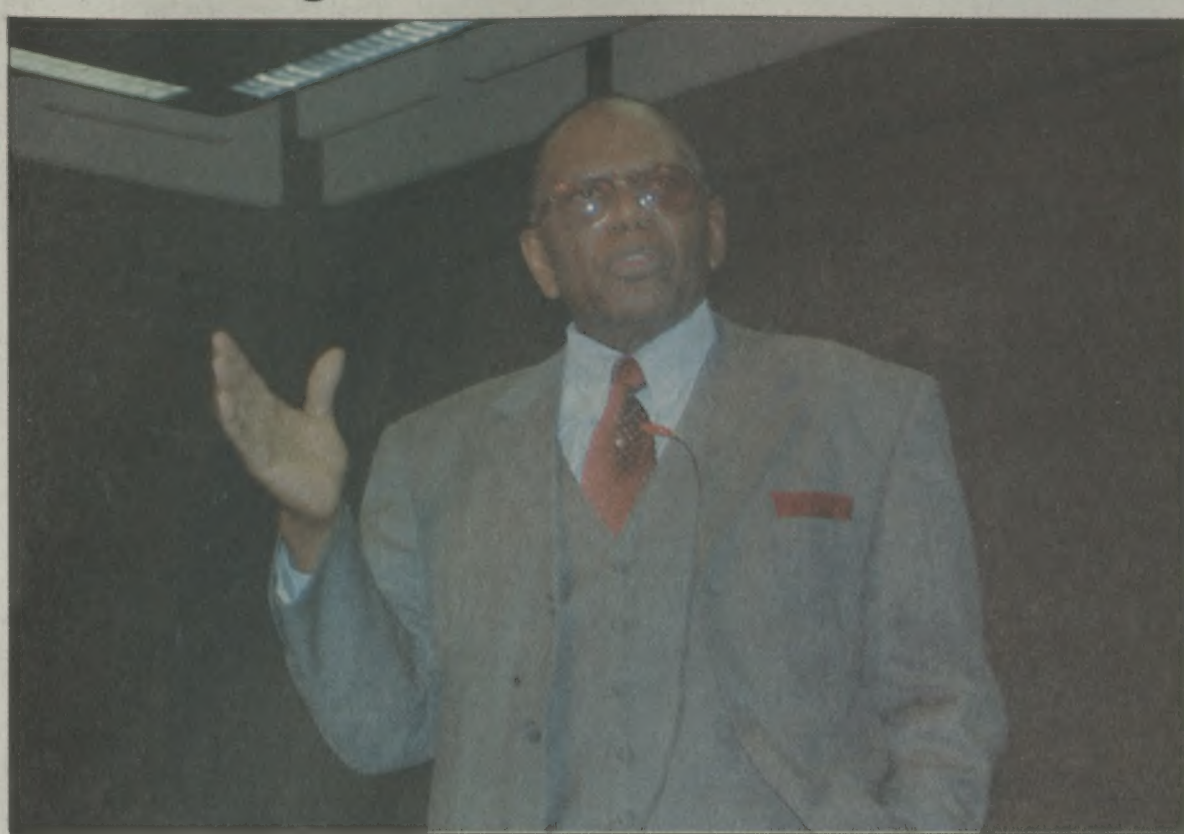
THE FLYER

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Salisbury University's Student Voice

February 23, 2010

Civil rights leader Stokes speaks at SU



Adrienne Price photo

After 50 years of silence about the conditions of education in the United States before integrated public schools, John Stokes, author of "Students on Strike: Jim Crow, Civil Rights, Brown and Me," recounts the story of a community and a nation in crisis. He spoke at SU on Monday, Feb. 22 to engage the campus community in an interactive lesson portraying the inequalities African-Americans suffered before the Civil Rights Movement.

Host Our Coast competition offers opportunity to report on Delmarva

By Jacqueline Miller
Staff Writer

Delmarva Low-Impact Tourism Experiences is currently accepting applications to become a summer 2010 travel journalist of the Eastern Shore as part of the Host Our Coast competition. The competition winner will be given daily assignments at Delmarva's most exciting locations and events to report on through various sources of social media and, in return, receive \$15,000 and free living accommodations for the three month period.

Host Our Coast aims to shine light on the many places of nature and heritage located along the Eastern Shore. The winner will do everything from kayaking to wildlife watching to beach-combing.

"There are people who have lived here on the Eastern Shore all their lives that don't know about a lot of the locations the [Host Our Coast] winner will visit," DLITE Director Jim Rapp said. "When you're sitting around on a Saturday afternoon, bored, thinking there's nothing to do, well yes, there is. We hope this program will get the word out there."

Last year's winner, Paul Cox, learned about the contest from a friend. His video showed him and his girlfriend Mel Mclean tango dancing and he even recorded himself eating a chicken head. The pair will be hard to beat, as they were very successful in discovering the Eastern Shore's treasures.

"There is not one thing that I can say I didn't like about the job. It was extremely fun and

very fulfilling," Cox said. "At times, it can feel a bit overwhelming with all the running around, writing stories and producing videos, but when you sit back and really look at what you are doing, your mind goes at ease and you realize that you are having the time of your life."

With daily assignments such as chasing horseshoe crabs in the Chesapeake Bay to brewing beer at the Dogfish Head Craft Brewery, the winner will be paid to do what others may only do on their days off.

"My advice for the winner is, again, to have fun," Cox said. "There is going to be a lot to do and take in right from the get go, but just take it all in stride and remember, a traveler never knows what's coming next, but that makes it all the more fun."

SEE Coast, Pg. 4

If you crack the can, respect the van

By Josh Madsen
Staff Writer

Since 1993, Saferide has provided SU students with a free and safe way of getting home without drinking and driving. Their mission is to promote late-night safety by providing free, reliable transportation to students and hopefully prevent potential tragedies.

An invaluable service to students, Saferide is considered an outstanding Registered Student Organization (RSO), winning awards in the 2007-2008 academic year. Gradually, Saferide has worked its way up to serving over 8,000 students per academic year, increasing the number of vans in operation from one to four.

Despite Saferide's noble mission, there is a lack of appreciation from students who use the service. Over the years students have damaged the vans and taken advantage of the drivers, unsurprising due to the frequency of picking up and dropping off students under the influence each night.

"Ceiling damage, broken windows, torn seat cushions are ex-

amples of the damage we see," said Alex Rice, president of Saferide.

"Students feel entitled to use Saferide," said freshman and Saferide driver Katie Schoen, "and don't understand this service (Saferide) is a privilege and not a right."

Schoen then went into detail about instances of students who were denied access to Saferide because of a failure to follow rules; then calling Saferide back and threatening to sue the organization if they get a DUI or fatally injured.

"Students know they're only allowed to have a total of four people riding to the destination," said Sam Greenberg, a sophomore Saferide employee. "But they disregard these rules and aren't completely truthful when calling in for pickups."

Schoen said students forget the meaning behind this service: Saferide is preventing drinking and driving, not providing a free taxi for partygoers.

Rice said that most of the time students are basically pleasant, cooperative and respectful.

"A lot of students ask us if we

SEE Saferide, Pg. 2



Submitted photo

Saferide vans and drivers continue to endure a lack of respect from riders. The van service provides transportation to students on weekend nights.

Salisbury University Helps Haiti

Volunteer Center and Caribbean Student Association host concert to benefit Haiti

The Flyer Staff Report

The SU community can join in helping Haiti recover from last month's earthquake by donating money at an event dedicated to helping Haitian children.

"Everything is gone — there is nothing left," said Alix Aurelien, president of SU's Caribbean Student Association. He lived in Haiti until four years ago and many relatives, including his parents, still reside there.

Education is now a serious problem in Haiti, Aurelien said, also noting that there aren't enough medical supplies to care for the children there.

Aurelien is one of five students that will be speaking during the Hope 4 Haiti Benefit Coffeehouse hosted by the Caribbean Student Association and SU's Volunteer Center on Wednesday, Feb. 24 at 7 p.m. in Holloway Hall.

The speakers are dispersed between musical performances. SOAP Concerts Chair Brad Deise said performers include Squawkapella, SU Gospel Choir, Director of Admissions

Aaron Bosko, Facilities Coordinator Brian Lind, Education Specialties professor Dr. Diana Wagner, and students Bryant Dean, Morgan Feldman and Cristina Franciosa.

Student Nanay Oneus, Public Relations for the Caribbean Student Association, will also be speaking at Hope 4 Haiti, and noted that by attending, people can learn more about what happened and how Haiti is connected to SU students.

"Most people don't really know how the students at SU are really related to that," said Oneus, who lived in Haiti until she was 8.

Pascale Cadelien, another student with family ties to Haiti, will also talk at the event, and expressed thanks to people in advance for donating an attending, in an e-mail.

"Initially it was [a] very somber and distressing feeling to hear of what happened, especially because it was difficult to get in contact with people in Haiti," Cadelien said in an e-mail. "It was very painful to see how people were suffering especially because I have a per-

SEE Volunteer Pg. 2

SU alum's nonprofit to assist Haiti through wrestling event

By Eric Arndt
Staff Writer

In an effort to raise money and awareness for the tragedy-stricken country of Haiti, Summit Wrestling Association and the nonprofit organization Hope-for-Haiti.org will collaborate to host a wrestling competition on Friday, March 12 at 7:30 p.m.

The event, titled "Hope for Haiti," will be held at the Delmar Fire Hall located at North Bi-State Blvd. and Grove St. in Delmar, Del.

SU alumni Brian House founded Hope-for-Haiti.org in October 2005, more than four years before the recent earthquake. House, a Peace Corps volunteer, served in the poverty-stricken nation in 2003 and 2004 helping to organize education, health, agriculture and development projects. In February 2004, all Peace Corps volunteers and staff, along with other aid organizations, evacuated Haiti due to radical political revolution. But House chose to remain in Haiti to provide assistance

when the country needed it most.

House created Hope for Haiti with a vision where his efforts and the efforts of others would allow for change and provide a brighter future for those less fortunate. The Hope for Haiti organization will team up with the Summit Wrestling Association in hopes of raising \$5,000 in a relief effort.

"The money raised will be used to support the earthquake survivors who have relocated to communities in Haiti's southern department," House said. "Hope for Haiti distributes food and supplies and assists in placing families in temporary shelters. We are also providing schooling to the children of displaced families through our education program."

Keith Whisenant, a member of Summit Wrestling Association, who will be coordinating the fundraiser, further explained the great amount of cooperation he has received from the city of Delmar.

"The Delmar Fire Department has

SEE Wrestling, Pg. 4

Briefly Stated

Date a DJ - For Relay
WXSU's event Date a DJ — For Relay was rescheduled because of the weather and will take place on Monday, March 1 at 7 p.m. in the Wicomico Room.

Rial Lecture
Eric "Rico" Gunstein, professor of curriculum and instruction at the University of Illinois, is this semester's Pauline E. Rial Lecture. He speaks on "Why Did Derrion Albert Die? Using Critical Math to Understand the Conditions of Our Lives" at 7:30 p.m. Monday, March 1, in Holloway Hall Auditorium. Admission is free; the public is invited.

Be Comfortable in the "Genes" You're In
From now until Friday, Feb. 26, the SU community can donate pants to local charities. Please make sure pants are in good condition. Drop box locations are: Chesapeake Hall in the staff office during duty hours; St. Martin Hall and Dogwood Village in the lounges all day; Pocomoke and Severn Halls in the lobbies all day; and Wicomico, Chester and Choptank Hall outside of the staff offices all day. Residents must have card access to these locations. Other drop boxes available to everyone are at GUC 125, GUC 263, HH 180 and TETC 254.

Estonian Music Performance
At 6:30 p.m. on Monday, March 1, in Caruthers Hall Auditorium, Estonian singer-songwriter duo Bonzo and Toun perform for the first half hour, followed by a screening of the 2008 film "December Heat," which is directed by Aslo Kase. The movie tells the story of an attempted communist coup in the Estonian capital of Tallinn in the 1920s and the events that ultimately allowed the nation to remain independent. Karl Altau of the Joint Baltic American Committee and Estonia Exchange Council introduce the film. Bonzo and Toun perform again during a post-screening reception. This is part of the Bridges to the World international film series. Admission is free; the public is invited.

Salisbury University Vocal Jazz Ensemble Concert
Salisbury University Vocal Jazz Ensemble performs its inaugural concert 4:30 p.m. Sunday, March 7, in Holloway Hall Auditorium, with a guest appearance by the University Chorale. Admission is free; the public is invited.

HaHaHolloway
A HaHaHolloway comedy event will take place Wednesday, March 3 at 7:30 in the Holloway Hall Auditorium. Marcus, Hasan Minhaj and Baron Vaughn will perform.

SWAC Arts Dinner
Salisbury Wicomico Arts Council will host the Dining With the Masters arts dinner Sunday, March 7 at Dove Pointe, 1225 Mount Hermon Road, Salisbury. A reception and auction will begin at 5 p.m. and dinner will begin at 6 p.m. The theme is "All that Jazz"; costumes from the 1920s-1940s are welcomed. Tickets are \$75 for non-SWAC members and \$65 for SWAC members.

"The World and Works of Jane Austen"
"The World and Works of Jane Austen" will be presented by Dr. Lucy Morrison on Saturday, March 6. This is the next installment of SU's Adventures in Ideas humanities series, and will be held 10 a.m.-3 p.m. in TETC 179. Admission is \$30, including lunch, snacks and coffee. To register call 410-543-6042 or visit the SU Alumni Web site at <http://alumni.salisbury.edu>.

"The Role of African-Americans in World War I"
Dr. Stephen Gehrnich of Salisbury University's Biological Sciences Department speaks on Butler and "The Role of African-Americans in World War I" 7 p.m. Wednesday, March 10, at Edward H. Nabb Research Center for Delmarva History and Culture Gallery in the East Campus Complex. Admission is free; the public is invited.

Relay for Life has ambitious goals for this year's event

By Hayley Efland
Staff Writer

Colleges Against Cancer kicked off Relay for Life with the first team captain meeting of the semester on Tuesday, Feb. 16. Relay for Life is the American Cancer Society's primary fundraiser for medical help to those fighting the disease and cancer research. Over 75 people came out to learn more about the many facets of Relay for Life. Vice President of University Advancement Dr. Rosemary Thomas, who started Relay at Salisbury University, began the night with a motivational speech on raising money and promoting the event.

"There's no finish line until we find a cure," Dr. Thomas said in her speech. "I can stand in a room and say, 'raise your hand if your life has not in some way been affected by cancer' and no hands go up; you can't do it can you?" she said.

Dr. Thomas challenged everyone and each team to try and raise \$2,010. She said she would donate her own money to the first three individuals to raise \$2,010 and throw a pizza party for the first team to do so.

Lauren Friedman, CAC co-president and event co-chair, encouraged all team captains to start thinking about the event.

"I want to get people excited about Relay and make sure people know about Relay and our mission," she said.

After the speeches ended, "speed-dating" ensued and team captains visited seven different stations to learn how to better improve their team's involvement in Relay. Fundraising and Special Events Executive Director Amanda Maloney spread the word about

getting into action with fundraising.

"We're really trying to encourage pre-event fundraising," she said. Maloney suggested everything from car washes to restaurant fundraisers. Last year, Relay raised over \$70,000, and this year the committee hopes to raise \$100,000.

Spirit Executive Director Lubi Manova informed team captains of the many ways to earn spirit points during Relay. A few ways to earn spirit points are attending team captain meetings and wearing purple or other Relay gear. The team with the most spirit points will win a prize.

Advocacy Executive Director Matt Copeland told team captains about ACS Cancer Action Network (CAN).

"We want people to get involved outside of just Relay," he said. "It's important to lobby to get health policies changed, push for cancer education, more cancer screenings, and to make sure the money we raise in Relay gets put to good use."

SU's Relay for Life will take place April 30-May 1 from 6 a.m. to 6 p.m. The theme for this year is "Battle of the Bands." Each team can choose a favorite musical group, artist, or type of music and design their campsite around it.

The Relay for Life committee's goal is to have over 100 teams and over 1,000 participants by April 30. "Even if you don't know anyone with cancer, you don't want to have to know anyone with cancer," Copeland said.



Kelly Robinson photo

Meg Borodulia, Lubi Manova and Nate Olynyk distribute Relay for Life items at this year's first Relay for Life team captain meeting on Feb. 16. This year's Relay event is set for April 30 to May 1, 6 p.m. to 6 a.m.

Saferide

Continued from Pg. 1

enjoy what we do and mention that we must encounter a lot of rude and annoying people, to which I say "You have no idea."

Nick Gentry, a visiting student from Stevenson University, was very enthusiastic about the Saferide service because his university does not provide one.

"Saferide is awesome!" Gentry

said. "When you have something like this available, you can have a good time, because you can go out and not have to worry about finding a ride."

"We are worried that one of our vans has too much damage and might not pass inspection. If so, we will have to take it out of operations, which means slower pickup times and longer wait times," Rice said.

"If students continue to damage the vans, we will have to take them

off the roads. Then there will be no service. [Students] would be responsible for finding their own safe ride home," Saferide advisor Dr. Heather Holmes said. "We don't want to put students in that position but if they continue to be destructive they will put themselves in that position."

Saferide operates from 10 p.m. to 2 a.m. Thursdays, and from 10 p.m. to 3 a.m. Fridays and Saturdays. For more information call 410-677-5000.

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designation to assist Haitian children.

"Obviously we can't all go over to Haiti and help in person, but we can come together over here and raise awareness and show support," Dickinson said.

Dickinson said those who want to help out should come to the Volunteer Center, located in the Student Activities Office in the Guerrieri University Center, on either Tuesday or Wednesday. Students can get involved before, during and after the event.

Potential volunteers can e-mail Dickinson at volunteercenter@salisbury.edu.

Volunteer

Continued from Pg. 1

sonal connection to those individuals. In the end it was an inspiration to try to help Haiti and other struggling countries."

The event is free to attend, but donations will be accepted, explained Ashley Dickinson, Graduate Assistant of Volunteerism. There will also be T-shirts, coffee and snacks for sale.

The funds raised will be given to the Lower Eastern Shore Red Cross, with a

DO YOU CURRENTLY LIVE ON CAMPUS AND ARE A CATEGORY B STUDENT?

If you wish to sign up to live on campus for the 2010-2011 academic year you must attend one of the informational sessions to be eligible to register.

DATE	LOCATION	TIME
2/22 Monday	TETC 153	9:00pm
2/23 Tuesday	Henson 103	9:00pm
2/24 Wednesday	Henson 103	9:00pm
2/25 Thursday	TETC 153	9:00pm
3/1 Monday	TETC 153	9:00pm
3/2 Tuesday	Henson 103	9:00pm

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**Note: Category B students have 1-4 semesters in on-campus housing and less than 89 credits at the end of the spring 2010 semester.

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Crime Beat

2/11/10-2/16/10
2 p.m.-3:30 p.m.
Suspicious Person

A report was received concerning a suspicious person lingering in Cool Beans. The suspect was first seen in Cool Beans on the afternoon of 2/11/10 and then again on 2/16/10. The suspicious person was making employees feel uncomfortable.

2/18/10
11:50 a.m.-12:15 p.m.
Suspicious Person

The Student Activities Center reported that a suspicious person had been in their office. The suspicious person was identified and told they were no longer welcome on the campus of Salisbury University.

2/19/10
6:30 p.m.
Suspicious Person

A student reported observing a suspicious person in the Dresser Parking Lot A. The suspicious person departed prior to the officer's arrival.

2/19/10
6:30 p.m.
CDS (drug) violation

A backpack containing suspected marijuana was found abandoned on a University shuttle bus.

2/19/10
2:30 p.m.-10:16 p.m.
Theft

A student reported that his bookbag was stolen while left untended in the Caruthers Parking Lot (Route 13 Lot B).

2/20/10
9:13 p.m.
Fight

University Police responded to a report of a fight in progress on the second floor of the University Center. The fighting had stopped and the parties involved left the area prior to the officers' arrival.

2/20/10
11 p.m.
Assault

Two students reported that they were both assaulted by another student while outside near Wicomico Hall. The incident is under investigation.

Salisbury struggles to patch potholes, aging infrastructure

By Michael Piorunski
Staff Writer

In front of the Baptist Student Ministries on West College Avenue lay three hubcaps alongside a burgeoning mound of gravel and asphalt. The culprit for these roadside casualties: potholes.

In the areas surrounding the SU campus, and throughout Salisbury streets, potholes are becoming increasingly prevalent. During this past week, drivers on West College Avenue, Bateman Street, Onley Road and other area roads have had to maneuver their way through a quagmire of breaches in the pavement, or risk damage to their vehicles.

Jennifer Horner, a graduate student in the social work program, carpools with another student to the Worcester County Health Department twice a week. She says trying to avoid the potholes in Berlin and on Onley Road on the way to University Village is a dicey task.

"I almost hit a car trying to miss a pothole," she said.

Sometimes hitting a pothole, though, is unavoidable.

"There was a big ice patch every-

one had been going around," said SU sophomore and The Flyer staff writer Diana Dwyer as she talked about the recent appearance of several new potholes in the Roger Street area. "When the ice melted, there was a pothole."

Dwyer said her friend hit the newly formed pothole, punctured her tire and had to call AAA to help put on a spare. For drivers without the luxury of AAA, though, getting a car towed can cost \$60 or more.

"If you don't see it, you can't avoid it," said Greg Ford of Grant's Service Center in Salisbury, "and there's some bad potholes out there."

Ford knows the damage that can occur if you're on the wrong end of a pothole, and says the repairs can cost a pretty penny.

"A new tire can cost every bit of \$80 to \$90," Ford said, "maybe even 100 depending on the car."

He said potholes can damage wheels, ball joints and axles, all of which can cost hundreds of dollars to repair.

Much to the chagrin of city officials, students and the community, the rapid proliferation of potholes may be all but inevitable.

The lifecycle of a pothole is rather simple, and begins in the milieu of cold temperatures, precipitation and aging infrastructure.

Dr. Michael Scott, director of the Eastern Shore Regional GIS Cooperative, says potholes form through the mechanical forces caused by a freeze-thaw process, where small cracks in the pavement may exist before a snowstorm.

"As the snow begins to melt," he said, "the liquid water flows into the cracks."

The subsequent drops in nighttime temperatures, which have recently been in the 20s, then freeze the water from the snowmelt.

"As [the water] freezes, it expands, forcing the crack wider," Scott said.

The continued freeze-melt process further deteriorates the integrity of the roadway and creates the potholes that difficult daily commutes and edge away at public works budgets. Scott says the application of salt on cracked roadways also helps to facilitate the melting, and contributes to this cycle.

During the past week, two Salisbury Public Works crews have worked to respond to calls, and

patch the pocked streets.

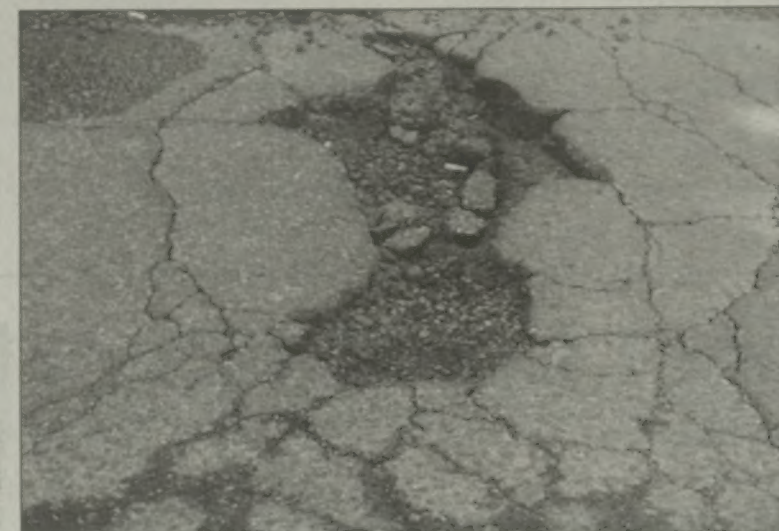
"The extreme conditions of the snow events produced approximately 50 telephone calls regarding potholes," said Chip Messick, Salisbury Public Works Deputy Director, in an e-mail on Monday.

Messick said crews have repaired approximately 245 potholes, costing the city nearly \$1,600.

Reasons for the recent pothole

problem may also have links to the local and national economic downturn. According to Scott, the lack of highway funding for patching cracks in roadways has contributed to number of potholes Salisbury has seen this winter season.

"This year with the recession," Scott said, "There just wasn't the maintenance money needed to do the job. Now, we see the results."



Michael Piorunski photo

Water from melting snow seeps into cracks in the road surface, expands as it freezes and breaks apart the asphalt. This pothole is one of several lining Bateman Street, across SU's main campus.

SU Alumni Association Faculty Appreciation Awards given

SALISBURY, MD — The Salisbury University Alumni Association's annual Faculty Appreciation awards honor professors who have been inspirational to SU students.

"We always receive outstanding nominations from our alumni," said Jason Curtin, director of alumni relations and annual giving. "And, with so many deserving faculty, the awards committee always finds the selection process

difficult. The honorees have all made exceptional contributions to the quality education that our graduates receive, and it's nice to acknowledge their efforts."

Recognized at the alumni board meeting on Wednesday, Feb. 17, this year's recipients are Drs. Wayne Ackerson of the History Department, Homer Austin of the Mathematics and Computer Science Department, Nomsa Geleta of the Education Special-

ties Department and Robert Settle of the Management and Marketing Department.

In nomination letters, their students said:

"[Dr. Ackerson] really knows how to make history vivid and real as well as easy to learn. While his classes were challenging, he also encouraged his students to expand their interests and participate in campus activities and events."

"Dr. Austin is one of the most approachable, understanding and enthusiastic professors and advisors. He can make statistics come alive and that is truly a remarkable feat."

"I am a better teacher now because [Dr. Geleta] supported me during student teaching. She has gone above and beyond to teach about diversity and culture."

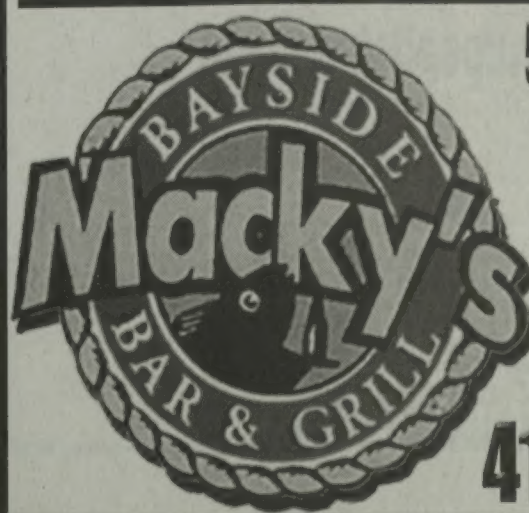
"[Dr. Settle's] instruction and mentorship has carved a lasting

impression that has helped propel me towards my goals in life, both business and personal."

To be eligible, nominees should have served on the faculty full time for at least 10 years. They also should provide dynamic classroom instruction, exhibit attributes that graduates can take with them into their careers, and make a lasting impression on students and a difference in their lives.

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Snow alters schedule for finals week

By Eric Arndt
Staff Writer

Due to recent weather conditions, Salisbury University's Provost and Senior Vice President of Academic Affairs, Dr. Diane D. Allen, canceled four days of class this semester: Monday, Feb. 1, Monday, Feb. 8, Wednesday, Feb. 10 and Thursday, Feb. 11. In addition to the cancellations, delayed openings were in effect on Wednesday, Feb. 3 and Friday, Feb. 12.

When the snow came down, some students were overjoyed that classes were canceled. The first snow day gave students a chance to

relax and catch up on work. But as the snow started piling up, so did the snow days. With cancellations imminent and snow everywhere, the vacation had become somewhat of an inconvenience to some, especially professors and students who value their class time.

To accommodate the hours missed due to the inclement weather, the academic calendar for the week of May 10 will change. A regular class schedule will be followed from Monday, May 10 to Thursday, May 13. On Friday, May 14, the students and faculty will follow a Monday class schedule instead of having Reading Day. The

first day of finals will then be moved to Saturday, May 15.

When the Provost was asked what kind of decision-making process came into effect when deciding to make the schedule adjustments, Allen explained that as a state school, SU has to fulfill certain requirements.

"State statute requires that we document a specific number of contact hours," she said. "So we were required to document for the Maryland Higher Education Commission that we were actually meeting the number of hours that is in the statute. So in order to do that, we had to add the two days of

classes to account for the hours missed."

SU must have at least 14 weeks of instruction plus a week of two and a half hour final exam periods. These stipulations must be met and the adjustments that have been made are the result of SU's recognition of the Code of Maryland Regulations. While COMAR does not require that a final be given during designated exam periods, it does require that the time be used for instructional purposes.

Allen said students have expressed concerns and frustrations about the new schedule where there is no reading day and final exam pe-

riods scheduled on a Saturday. Allen said she understands the students' apprehension, but feels it was the best decision.

"None of these concerns are a surprise to me," she said. "But when I made the decision to add those two days and move finals to Saturday, I had to balance out the fact that I did not want to take any time away from Spring Break, nor did I want to go beyond graduation. Assuming that we have no more snow days we will be OK by containing it within that week. As long as we meet the Maryland State statutes, we will be fine with the current schedule."

SGA Constitution tweaked

By Erin Traylor
Staff Writer

On Sunday, Feb. 21, SGA senators, representatives from Registered Student Organizations and other students voted to pass proposed changes to the SGA Constitution and By-Laws. Only two students voted against the amendments the SGA Executive Board had suggested, many of which were slight alterations to existing rules or a fine-tuning of word choice.

"When changes are made [to the SGA Constitution] they can be proposed as immediate changes or as changes that will go into effect at the start of the following semester," wrote SGA President Pat Gotham in an e-mail on Monday. He continued that "these changes were proposed to go into effect immediately."

According to the newly-ratified Constitution, all freshman SGA senators, also called Freshman Committee, must now "attend a mandatory Senator Training Retreat at the beginning of each semester." The members of the Freshman

Committee are also now required to maintain at least one office hour per week.

Two significant changes to the SGA Constitution are the date of the Executive Board elections, and the requirements to run a candidate for an Executive Board position.

"Elections are now in March, and the [Executive Board] term ends on April 30," Gotham said.

The change in the election date is to make for a smoother transition between the old and new board members.

"There was a lot of confusion between new and old officers and who was in those positions," Gotham said.

He said the new Executive Board members will facilitate the last forum of the semester in order to better acquaint themselves with their positions and responsibilities.

"Salisbury has such a way of doing things that makes it difficult for people that are unfamiliar with the system," said Jill Petrosillo, graduate assistant and co-advisor to the SGA. She says the early elections combined with bringing in the new

Executive Board members early will help them to navigate the University's levels of administration.

"It's really complicated," she said. The new amendments to the constitution also allow for all students to run for an Executive Board position. Previously, students were required to serve at least one semester as an SGA Senator before running for most Executive Board positions; President and Vice-President required two semesters.

"They're trying to get more people involved," said Petrosillo about the lifting of these former prerequisites.

Marie Warner is a sophomore and the current SGA Parliamentarian. She says the new changes to the constitution will help the SGA and the SU campus run a lot smoother. Moreover, she says the recent constitutional amendments "make the jobs of the members of the Executive Board a little bit less stressful."

The former draft of the SGA Constitution and By-Laws is available online at <http://www.salisbury.edu/campusgov/sga/documents/cconstitution.pdf>.

Coast

Continued from Pg. 1

With 3,000 regular online followers and articles valued at over \$50,000, Host Our Coast has had a huge impact on tourism along the Eastern Shore. The program was awarded the "Visit Maryland Award" by Governor Martin O'Malley and the "Professional Impact Award" from the Maryland Tourism Council in Nov.

Wrestling

Continued from Pg. 1

helped us out greatly in providing us a place to hold the event," he said. "We've got sponsors like Sammie Fimma Lawn Care and Swift Fitness Training who have provided oh-so-generously. Other than the minor expenses that must be covered such as insurance, every penny is going to Hope for Haiti. Our workers are traveling from all over the East Coast, North Carolina, Pennsylvania, Delaware, Maryland, Jersey; everyone who is involved in the event is doing it out of the

2009.

The ideal candidate for the Host Our Coast competition must have excellent on and off-camera communication skills and a passion for travel and nature. Applicants will be required to submit a 60-second video on YouTube, a headshot, a brief biography and a sample blog post by midnight on March 15. For more information about the Host Our Coast competition, visit <http://www.hostourcoast.com/>.

goodness of their heart. It is going to be a special event."

Appearing at the event will be Jay and Mark Briscoe, world-renowned tag team specialists, former ECW mainstay "Judge" Jeff Jones, former WWE Signee Kent Brink and many others.

"I've always wanted to do a show that had a cause, it's going to help people, and that gives us inspiration to put on a great show," said Scott Dukes, another wrestler who will attend the event. "As far as the Haiti relief effort goes, I know our show is only a drop in the bucket, but it's something, and to us that is important."

Georgia slated as site for two nuclear power plants

By Travis Ross
Staff Writer

President Obama made a public announcement at a job training center in Lanham, Md. regarding an \$8.3 billion loan for new nuclear power plants. The Southern Company, a large energy producer, accepted the loan and plans to build two new reactors at one site. The nuclear power plants will be located in Burke County, Ga.

Southern Company had already proposed building the nuclear power plants next to their existing Vogtle 1 and Vogtle 2 reactors in

2008. The Energy Policy Act of 2005 garnered national attention for its \$18.5 billion loans to any new plants. There has not been a nuclear power plant built in the United States since the 1970s. This is due to the Three Mile Island accident where a plant in Pennsylvania had a catastrophic meltdown.

The nation is "definitely heading" towards a nuclear renaissance according to Salisbury University's Dr. Fred Kundell of the Chemistry Department.

"There are 30 some new plants planned for the first time in 30

years," he said.

According to Kundell, the new reactors will be part of a new generation of technology and will be cheaper and less prone to problems.

Experts have estimated that the construction will cost \$8.8 billion. The Obama administration stated that the power plants will create 3,500 construction jobs and 800 permanent positions. To help curb carbon emissions, President Obama has guaranteed \$36 billion as part of his energy agenda, making the total \$54.5 million.

The Japanese government has

also guaranteed loans because the new plants will be designed by Westinghouse, a Toshiba-owned company. The Southern Company plans to pay back the loans, but if they default on the payments, the federal government will step in and pay the banks back.

New changes to fossil fuel burning power plants have been proposed to reduce the amount of carbon emissions. There will be new incentives to nuclear fuel because it is considered cleaner because the waste is containable.

President Obama said the country needs to develop cleaner energy

technologies and modernize the means by which America generates power.

He introduced a climate bill to Congress that will establish a cap-and-trade system on carbon emissions.

Republicans have dismissed the climate bill because of the harsh penalties on carbon-emitting industries. They do support the new nuclear power plants, however. There is bipartisan work being done to make sure the loans will be made.

Information was used from *New York Times* and Reuters.

Guinea's junta reveals transitional government

By James Asuquo-Brown III
Staff Writer

Guinea's interim leader, Brigadier General Sekouba Konate, recently appointed a transition government to return the coastal West African country back to civilian rule. The nation has been plagued by political turmoil and a human rights crisis after Captain Moussa Dadis Camara took over in the 2008 Christmas coup d'etat, which occurred within hours of the death of long-time Guinean President Lansana Conté.

The lineup was proposed by transitional Prime Minister Jean-Marie Dore, an official televised statement said. Included in the government are 10 members of Camara's ruling military junta, including six military officers. The current Ministers of Security and

Civil Protection and Justice General Mamadouba Toto Camara and Colonel Siba Lohalamou, senior figures in the ruling military junta, will remain in their posts.

Other junta members include Captain Claude Pivi and Lieutenant Colonel Moussa Tieghoro Camara, who both were implicated in the Sept. 28, 2009 massacre of more than 150 anti-junta protesters at Stade du 28 Septembre stadium, who many say were angered at the apparent renegeing by Captain Moussa Dadis Camara that he was not going to run in the presidential elections.

Dore, who was just appointed this year after a Jan. 15 deal, is in charge of leading the nation towards free and fair democratic elections. Soon after his appointment last month, Dore called for a military overhaul with



Brigadier General Sekouba Konate and Interim Prime Minister Jean Marie Dore are in charge of Guinea's current transitional government.

military would not contest the forthcoming elections, and Camara would continue to remain outside

of Guinea. All information in this article was sourced from Reuters South Africa.

From the University System of Maryland Chancellor

Kirwan addresses state budget effects on the USM

By Chancellor William E. Kirwan
Special to The Flyer

With the 2010 Maryland Legislative Session underway, I want to take a moment to express my heartfelt thanks to all the members of the USM community. I remain incredibly impressed by the dedication and professionalism of our faculty and staff. Under the most difficult conditions, you continue your efforts on behalf of our institutions, our state, and the students we serve. And while the economic climate may slow the rate of our progress, because of your efforts our institutions continue to advance in quality and in their impact on our state's quality of life.

At a time when many states are significantly reducing support for public higher education, Governor O'Malley's FY 2011 budget proposal calls for a modest increase in state support for the USM. The support the USM is receiving in Annapolis is rooted in the way we have managed our budget to focus on our highest academic priorities and create savings where it was possible to do so without impacting the quality of our institutions. In large part because of your hard work and ingenuity, the USM is considered a national model for the way we are responding to the challenging fiscal circumstances our nation is facing.

The Governor's proposed budget for the USM will have significant impact.

It covers mandatory expenses related to the inflationary costs to operate new facilities and provide employee benefits.

It includes funding to "buy down" a portion of the USM's proposed 5 percent tu-

ition increase, resulting in a modest 3 percent tuition hike for in-state undergraduate students. This would be the first USM tuition increase in five years, during which time we will have moved from the 6th highest tuition in the nation down to 21st. In addition, the Governor has proposed \$225.6 million in the Capital Improvement Program for the planning, construction, and modernization of academic facilities across the system.

Regrettably, as in FY 2010, the FY 2011 budget for USM does not include salary increases for employees, funding for enrollment growth, or enhancements to important programs. The last few years have been stressful and challenging for everyone. In each of the last two fiscal years we have not only forgone pay increases (both merit and COLA), but also used unpaid furloughs to manage our budget. I know we will continue to work cooperatively as we address any future budgetary challenges.

I look forward to working with our regents; presidents; system-wide faculty, staff and student councils; and other members and friends of the USM community to support full funding of the Governor's proposed FY 2011 budget. And, once again, I thank you for your dedicated service to advancing the quality and impact of your institutions.

To read the USM's and institutions' legislative testimony throughout the session, please visit www.usmd.edu and click the USM Legislative Testimony link under "Fast Forward."

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Operation Moshtarak continues in Afghanistan

By Robert Forrester
Staff Writer

On Feb. 13, the combined forces of the United States, Great Britain and the Afghan National Army attacked the Taliban stronghold of Helmand province, in the south of the country. The largest operation since the initial invasion of the country in 2001, the goal of Operation Moshtarak is to break the back of the Taliban in the south, dispersing them from their stronghold and destroying what remains of their leadership.

The road to achieving that goal appears to be going well. With the operation into its second week, two cities are under siege and are partially occupied by coalition forces. The fighting was hardest at the US-led assault in Marjah, where Marines have had to call in air support against entrenched machine gun nests stationed in homes and mosques. Resistance has been abating, however, as Taliban forces have been running out of ammunition. Still, small but determined groups are posing a threat to continued advance into the city. The British-led forces at Nad Ali have had much less resistance, though they have still suffered casualties.

The Taliban in Helmand province have a great deal of problems to contend with, and not all of them are foreign forces. The Afghan National Army is supporting British and American soldiers in combat operations. The after-

math of Operation Moshtarak is already being planned, with Afghan police set to take over the security of the province. But the battle isn't won yet. While the conclusion seems preordained, the Taliban have yet to lay down their arms and are becoming increasingly desperate.

Aside from intercepted communications that denote they are running out of ammunition, the Taliban militants have displayed their desperation by using civilians as shields. The commander of the Afghan forces, General Mohiuddin Ghori told the Associated Press that "the enemy is fighting from compounds where soldiers can very clearly see women or children on the roof or in a second floor or third floor window."

Indeed, these tactics intend to cause tragic outcomes. During the second day of fighting in Marjah, nine civilians, six of them children, were killed along with three Taliban fighters when a rocket strike destroyed a house they were firing from. So long as such tactics remain, more tragedies will occur.

Meanwhile, outside of the combat zone, Pakistani Soldiers have seized Taliban defense minister, Mullah Abdul Ghani Baradar, second in command of the Taliban and aid to leader Mullah Omar. This, along with a strike against border militants in South Waziristan, shows that the Taliban no longer have a place to hide. Altogether, these appear to be hopeful signs that an end is in sight in Afghanistan.

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Overheard: What is your favorite Olympic sport and why?

Photos and article by Kelly Mundle



"My favorite is snowboarding because I love Shaun White. I have watched him for years."

-Courtney Dennis, junior



"Skeleton. It's hella sick."

-Daisy De Leon, freshman



"Snowboarding cuz it's frickin' sweet"

-Joseph Mayonado, sophomore



"Couples ice skating. It is beautiful."

-David Henson, freshman



"I like figure skating because it's almost like they're dancing on air, but they're not. It's more like a technique."

-Kristian Gregory-Lee, sophomore

The Flyer

Salisbury University's Student Voice
Phone: 410-543-6191
Fax: 410-677-5359
flyer@salisbury.edu
Salisbury University
Salisbury, MD 21801
Vanessa Junkin
Editor in Chief

Chelsea Maher
Graphic Design

Leah Cox
Jenna Burley
Layout

News Editor Laura Dignan
fynews@salisbury.edu

Life & Style Eric Buratty
fyfestyle@salisbury.edu

Global/Jeremy Riffle
fyglobal@salisbury.edu

Sports Editor Tom Watson
fyfports@salisbury.edu

Advertising Mike Brusoe
fyadvertising@salisbury.edu

Photography Adrienne Price
fyphotography@salisbury.edu

Copy Editor Kelly Mundle

Photographers Dan Anderson
Erin Corcoran
Leslie Davis
April Katsirubas
Bridget Kerner
Lorie Liebig
Kelly Robinson
Jules Waxman

Staff Writers Eric Arndt
James Asuquo-Brown III
Heather Comer
Therran Dennis
Patrick Drengwitz
Diana Dwyer
Sarah Duffy
Hayley Efland
Theresa Fichter
Robert Forrester
Fred Hobbs
Alexis Howard
Amanda Johnson
Brian Joiner
Mitchell Jones
Amanda Kimmish
Sophie Linshitz
Brian Lomax
Josh Madsen
Morgan Majchrzak
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Brian Willhite

Do you want to write or take photographs for The Flyer?

Stop by our meetings, held Monday nights at 9 p.m. in The Flyer office.

Education requires more than textbooks and lectures

By Mitchell Jones
Staff Writer

In today's volatile job market, nothing ensures workplace success like a reputable college education. Since its establishment, higher learning has carried with it a certain air of respectability and superiority — one that prospective employers seem to feed on. But aside from a competitive edge in the job market, the point of a college education is lost on many.

While many would correctly cite college as a time for the expansion of the mind and the understanding of new ideas, the harsh reality is that a standard college education is about as useful as a knife in a gun fight. In a job market filled with competition, experience, and street smarts, the ability to cite theory or quote Tennessee Williams seems al-

most obsolete. So what can be done to better prepare college students for the harsh reality of the world that awaits them after the diplomas are mailed and the tuition checks are paid? Many institutions (SU included) think they've found the answer.

For upperclassmen at SU, the final semesters of college are sometimes filled with something called "practicum." While this sounds like little more than a fancy Latin word for practical, the practicum program at SU ensures that all students within it receive at least 180 hours of real field experience. Even more valuable is the internship program — a longstanding tradition which looks as good on resumes as it does on diplomas.

"When students engage in real work experience, they get a serious leg up on kids who haven't done

anything besides read and write," says area local Don D'aquila. "I think students learn more by working in their respective fields than simply theorizing on things that oftentimes go without saying."

The problem with traditional classroom education isn't the theory behind it, it's the lack of impact it has when put into practice. If the true purpose of college is to prepare students for a desired career path, shouldn't education focus on more than irrelevant theory and useless electives?

"I'm [a] journalism major, and I think it's crazy that I'm forced to take environmental communication as an elective. Teach me how to write, not about the tactics that Greenpeace employs," said a CMAT student who preferred anonymity.

In their defense, universities have had a longstanding tradition of suc-

cess. Upon graduation, most students are placed on the fast track to a lucrative career, many of whom continue to be successful in their area of study. But is a university directly responsible for the success of its graduates, or simply for the foot in the door? By pursuing a more practical, skills-training type of education, a college diploma will become more than a expensive admission ticket to the job market — it will become synonymous with experience, training and ability.

As is stands currently, university students tend to learn more about life from parties and bars than from introductory classes and overpriced books. But with a few changes to the genetic makeup of the university system, college graduation can be accomplished by something that many colleges fail to provide — an education.

Record snow doesn't put climate change theory on ice

By Jeremy Riffle
Editorial Editor

The heavy snowfall on the East Coast this winter has broken records and has had many repercussions, including temporary shutdowns of businesses and government, an increase of accidents on slick roads, and an abundance of snow days for most students. As significant as these may be, some conservative commentators have claimed that it has an even greater and farther reaching effect, in that it completely refutes the theory of climate change.

Among the skeptics who point at the astonishing fact that it snowed in February are Sean Hannity and Rush Limbaugh.

"It's the most severe winter storm in years, which would seem to contradict Al Gore's hysterical global warming theories," said Hannity on his television show. Limbaugh said that the record snowfall was "just another nail in the coffin for the whole global warming thing."

To be blunt, such assertions are ridiculous. The science behind the theory of climate change is not based upon individual observations about the temperature, but instead relies upon the analysis of temperature trends. Put simply, the accumulation of snow outside at any given moment does not have any bearing on what the overall trend is. It is the accumulation of years of data, investigated by professional scientists, which is

the basis of the climate change theory. A snowstorm, in itself, does not and cannot overturn the theory.

Another issue is the simplistic term "global warming" which is frequently used as a synonym for climate change. Though I have heard it argued that the term climate change is a cynical attempt to hedge against days that are colder than usual, it better describes the complexity of climate science. It makes sense that, as the weather patterns shift throughout the world, the discernable short-term effects would differ according to where the weather is being observed. In other words, it's not unreasonable that there would still be snowstorms in a world that is experiencing climate change.

In fact, though seemingly counterintuitive, such snowstorms may in fact verify the underlying premise of climate change. Warmer air is, in general, wetter air. Wetter air, when it gets below 32 degrees, causes snow. It makes sense then, that the warmer the overall climate is, the more extreme snowfall will be when temperatures do drop.

Perhaps climate change is not occurring. Perhaps it is not caused by greenhouse gasses emitted by human industry. But the evidence suggests that it is occurring and it is man-made. Despite the attempts of Hannity, Limbaugh and others, something more substantial than snow will be needed to prove the science wrong.

Editorial Policy: Letters are welcomed and ENCOURAGED. Please include your name and your class. Faculty members, please include your department. Letters should be no longer than 400 words. The Flyer reserves the right to refrain from publishing any text. Deadline for submission is Wed. at 5 p.m. Please e-mail letters to flyer@salisbury.edu.

Have you seen yourself in The Flyer? Stop by GUC 215 Monday - Thursday 8:30 a.m. to 3:30 p.m. with your flashdrive and we'll give you your pictures free of charge!

Ms. Advice

By Sophia Linshitz
Staff Writer

Are you too big to fly? Apparently Kevin Smith is, at least according to Southwest Airlines' Customer of Size Policy. On Feb. 13, the director of "Clerks" was aboard a Southwest Airlines flight in Oakland bound for Burbank. Smith was seated and buckled in when a flight attendant deemed him a risk because of his size. A furious Smith told his 1.5 million followers on Twitter exactly what he thinks of Southwest Airlines: "go f**k yourself. I broke no regulation, offered no 'safety risk' (what, was I gonna roll on a fellow passenger?)."

Ms. Advice answers all your questions, even private ones, in complete confidentiality. Send your questions to: ak09722@students.salisbury.edu

Recently one of my closest friends stopped talking and hanging out with me. I don't know what has been going on, but he has changed a lot, and I think he is starting to hang out with the wrong crowd. Since I have known him for so long, I am also really close with his family. I know that if he continues to head down the path he is on right now, he is going to get into serious trouble. Should I tell his family what is going on, or is there any other way to help him without letting him know it was me that was worried?

First of all, you should be commended for sticking by your friend and helping him even though he has stopped talking to you. It may be a good idea to try and approach him in a non-threatening way to tell him that you think he is not heading down the right path and that you are worried about him. It may be tough, but sometimes the best way for a person to see if they are in trouble is for their closest friends to tell them.

As for contacting his parents, that is your decision to make. If you think the situation is life-threatening, though, I would definitely tell his parents right away. I would also recommend talking to a Salisbury University counselor who would be able to tell you the direct approach you should take in this situation. For more information, please visit <http://www.salisbury.edu/Counseling/>.

Southwest's Customer of Size Policy could be dealt with more tactfully

By Sophia Linshitz
Staff Writer

Are you too big to fly? Apparently Kevin Smith is, at least according to Southwest Airlines' Customer of Size Policy. On Feb. 13, the director of "Clerks" was aboard a Southwest Airlines flight in Oakland bound for Burbank. Smith was seated and buckled in when a flight attendant deemed him a risk because of his size. A furious Smith told his 1.5 million followers on Twitter exactly what he thinks of Southwest Airlines: "go f**k yourself. I broke no regulation, offered no 'safety risk' (what, was I gonna roll on a fellow passenger?)."

Suri Cruise: 3 going on 33

By Morgan Majchrzak
Staff Writer

Suri Cruise, the three-year-old daughter of Tom Cruise and Katie Holmes, was recently seen wearing high heels, lipstick and an \$850 handbag — a miniature version of the purse her mother carries. As crazy as this sounds, the heels are not as bad as I initially thought. I saw a picture, and they aren't anything like what Sarah Jessica Parker wears in "Sex and the City." It's barely a heel. Nevertheless, she is three years old. That is absolutely way too young to be wearing heels

Killing does not offer simple solutions

By Tara Underwood
Staff Writer

Most university students believe being at school is a safe environment, especially when in class. They trust their professors and find them qualified, professional teachers of the world. However, a recent shooting in Alabama has raised concern among many students at the University of Alabama in Huntsville. A biology professor, Amy Bishop, shot three fellow members of her department when she was denied tenure. Bishop opened fire at a biology faculty meeting when she learned that for the second time, she had not

If I were Kevin Smith, I would be enraged as well. Can you imagine sitting comfortably in your seat on the plane, waiting to see the "fasten your seatbelt" sign turn on and suddenly being told you are too wide to fly with us? It seems just a tad bit ridiculous.

I completely understand why Southwest Airlines has their Customer of Size Policy. Their policy requests passengers who are unable to put both arms around to purchase two tickets; it is a matter of safety and comfort for other passengers. However, Southwest should accommodate their larger customers better so humiliating situations such as this would not occur again. Since most cus-

tomers buy their tickets online, Southwest Airlines could request waistline measures to enforce their policy better. They should also inform customers better of their Customer of Size Policy, since most people probably do not know about it.

This was also not the first time this kind of situation had occurred. According to Smith, on his flight back with Southwest Airlines, a heavyset female asked him if it would be ok to sit next to his purchased empty seat. When she sat down, Southwest staffers apprehended her, mentioning that she should probably purchase another seat, even though she was already sitting next to an empty one.

me to have an imagination and feel like a princess.

Suri is just one example of a mother allowing her toddler to grow up way too fast. She should have never bought that purse and instead bought her daughter age-appropriate items and let her play dress up, rather than really dressing up.

Is that what society is coming to? There's also a show on TLC called "Toddlers and Tiaras." You have got to be kidding me! Let them be children! I didn't wear makeup until high school, and I didn't get a cell phone until I was 16. High heels? I didn't own a pair until my ninth

received tenure. The biology chairman and two associates were killed instantly as a result of her anger.

Bishop has a Harvard education in neuroscience and, with her husband, invented a portable cell growth incubator. Why was she so angry that she shot three people? Authorities are still not sure why she opened fire at the meeting. The university community described Bishop as being an intense individual with many opinions. Her personality contributes to the fact that she became obsessed with wanting tenure. Humans do tend to become over obsessed with things they

Nuclear energy could be good for U.S., despite dissent among environmentalists

By Robert Forrester
Staff Writer

President Barack Obama has officially authorized \$8 billion in federal loans for the construction of two new nuclear power plants in Georgia. The country hasn't built a new reactor since the Three Mile Island incident, a partial meltdown in 1979. We currently have 104 operational reactors scattered across 31 states, though the newest ones were completed in the 1980s.

Looking internationally, the United States sits in an odd place for nuclear energy. We have the most reactors and some of the oldest power plants still in use, producing less than a tenth of our energy consumption. France, on the other hand, has half our number of reactors and produces 79 percent of the national requirement. France is a major exporter of energy in Europe, due to its rapid energy infrastructure devel-

opment in the 1970s. Of the 56 atomic plants under construction in the world, only the previously mentioned two are in the United States.

After long negotiations, with little effect at Copenhagen, this is a promising sign that the United States is trying to become green. While most people think of solar panels or wind turbines, nuclear energy is the most efficient kind of non-carbon generating power plant. It can run all day, every day, and can increase generation during peak hours, something solar and wind cannot. With \$4 per gallon gasoline still freshly seared into our memories, this is probably the country's best solution.

However, this move may cause a few problems for Obama. First and foremost, the environmentalists in this country have been dead set against atomic energy for decades. And let's face it: they have a point. While there have been relatively few accidents at

What is going on with these employees?

If you wish to hear Kevin Smith's side of the story, you can go on his Web site "SModcast" where he frequently posts podcasts of him and Scott Mosier.

There is also a podcast available from Natali, the heavyset female that was told to get another ticket. Although I respect Southwest's decision to have such a policy, it has to be conveyed to passengers beforehand in a better way to avoid a public embarrassment such as happened to Kevin Smith. Come on Southwest, let this be a lesson.

grade homecoming dance. I am obsessed with Coach, but I can't even fathom owning a purse that costs over \$500.

I'm so glad that I grew up when I did and didn't have to own a cell phone at eight to be cool or run around the playground in high heels.

I understand she is a celebrity couple's daughter, but honestly, it's still ridiculous and full-on stupid.

Katie Holmes, you are lacking logic, especially after buying a THREE-year-old an \$850 purse. Just let her be her age, Katie. There's going to come a time when you wish she was three again.

ting tenure and prestige at the university.

Humans in society are taking the act of killing more seriously every day. People all over the world are killed when others become angry because of a childish, juvenile act. The war in Afghanistan has killed thousands of American soldiers who are dying selflessly to protect us. Peace is only going to be achieved when we all love one another.

Unfortunately, we have people in our own country, like Bishop, who are killing innocent professors trying to educate our future generation towards peace, prosperity and responsibility.

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Eastern Shore Idol provides local singers with opportunity to compete for money, gain popularity

By Amanda Johnson
Staff Writer

Over the next two months, some new names will be performing at Brew River — local residents competing for the title of Eastern Shore Idol.

Wes Hannah, co-owner of Brew River, has teamed up with Rusty Dog Productions and 97.5 Cat Country to host the eight-week vocal competition. It will kick off on Tuesday, Feb. 23 at 9 p.m.

The contest will showcase an array of talent including local residents and Salisbury University students.

"I have seen the enormous success of American Idol, and I was looking to do something fun for the community," Hannah said. "We are off to a good start. It has a ton of potential, and the opportunities are endless."

Barry McDonald, owner of Rusty Dog Productions, has done promotional and entertainment work for Brew River and Harpoon Hanna's. McDonald will provide the stage and lighting since he has hosted this event for the past four years in Ocean City, Md. with success.

"The response from people has been fantastic. It's going to be a

great show," McDonald said.

Contestants will be given the opportunity to perform two songs a night to a panel of local musical talent and Cat Country personnel. Every week, the Eastern Shore Idol hopeful with the highest scores will advance to the final competition on Tuesday, April 13. If a contestant does not make the cut during a particular week, they will have the opportunity to register and perform again the following week.

SU senior Mandy Knight works for the Brew River's promotion team, and she is no stranger to performing in front of an audi-

ence. McDonald contacted her and offered her the opportunity to serve as a judge for the event.

"I am very excited to be a judge," Knight said. "I love music. It is amazing to hear how one person can sing the same song as another person, yet sound different and very good at the same time."

Since the age of nine, Knight has had a passion for music and the guitar. She participated in Brew River's "open mic night" where she shared her talents and gained real world experience on the stresses of performing.

"I know there will be pressure on me to give scores on each per-

son's singing talent, but I know a good voice when I hear one," Knight said. "This event will be great. There has been nothing like it in the area, so it will have a good turnout."

The registration fee is \$10, and participants must be 18 or older. The winner of the competition will receive the \$1,000 grand prize, courtesy of Brew River. The Eastern Shore Idol winner will be entered into Cat Country's Delmarva Star competition, an opportunity to really get his or her name out there.

For more information, visit www.brewriver.com.

Club Spotlight

African Student Association

By Kathryn Tyler
Staff Writer

Salisbury University's African Student Association is dedicated to making the University a more culturally diverse institution and often goes to great lengths to reach this goal.

"The purpose of ASA is to increase the awareness of diversity and multicultural aspects of Africa and the African people to the Salisbury University campus and local community," said ASA President Babatunde Amona. "We offer students of all descent a meeting place where interaction is encouraged in the spirit of unity and togetherness."

Since fall 2004, ASA has been a recognized student organization. ASA currently has about 50 members, and they are still growing. With the numerous events and activities ASA has planned for the semester, new members are always encouraged and welcome to participate.

"We plan on hosting a Multicultural Retreat, having a cultural showcase, having our annual ASA car wash, hosting our annual ASA Cookout and many other things that are still in the works," Amona said. "We

held our annual ASA Show/Ball in November 2009, and it was a huge success. I would like to commend all of the members that took part in making this wonderful event successful and thank all of you that came out and supported our organization. Special thanks also go out to the faculty for their efforts in making everything possible. We usually promote a lot prior to our events, so please look out and come support us!"

In addition to campus-related events, ASA is involved in the community and gives back every chance they get.

"One thing I can say I love about this organization is the diversity and the unity we all share. I especially love the fact that we not only hold various functions and meetings, but we all come together and give back to the community," Amona said. "We believe that being actively involved in the community comes first."

ASA members often engage in various community service activities each semester like mentoring, donating to the Keep a Child Alive Foundation, participating in The Big Event, helping with the Salvation Army, and passing out gifts to homeless children during the holiday season.

"I hope to see this organization grow and



A group of ASA members come together for a photo. About 50 people are part of this RSO, which puts on a variety of events throughout the year.

continue giving back to the community as well as get recognized for their efforts here on campus and the community," Amona said.

ASA meetings are held every Thursday at 7 p.m. in Henson room 243. Amona stressed that they are always looking for new

members.

"Our doors are open and will remain open to our multicultural campus community," Amona said. "ASA is more than just a club. ASA is a place that students can call home and a place full of people you can call family."

Erin Corcoran photo

From the Photo Bank: What's Happening On Campus



Adrienne Price photo

Maggie Johnson, Katherine Stojinski and Lauren Hendley of Alpha Phi Omega cut fabric for pillowcases to be sent to children's hospitals across the country on Monday night.



Leslie Davis photo

Alpha Sigma Tau sisters pose alongside newly-inducted members with their Greek letters during Bid Day 2010 on Saturday.



Adrienne Price photo

Natalie Brown performs "Sometimes I Feel Like A Motherless Child" during Song Yet Sung: A Negro Spiritual Tribute on Feb. 18 in the Wicomico Room.

Students to spend break helping others in Mexico

By Diana Dwyer
Staff Writer

Mexico is one of the most popular spring break destinations for American college students. The Global Service Project: Mexico gives SU students a trip out of the ordinary, though, with an opportunity to volunteer abroad and directly help people in need during their break from classes in sunny Aguascalientes, Mexico.

According to Laura Masoco, director of the Master of Education Programs and faculty director of the program, the primary needs of the people of Aguascalientes are potable water, hygienic toilets and ventilation in their homes to improve the air and

lessen health issues associated with the problem. To improve quality of life in Aguascalientes, student volunteers will do eight clean water cisterns, two chimney ventilation systems and they may plant a vegetable garden.

The work is general labor, but is not so strenuous that students need special skills, Masoco said.

The cost of the program is \$1,450 plus passport fees, if applicable. All meals, airfare and housing are included in the price. Volunteers will stay at Hostel Lukas in dormitory-style housing with shared kitchen and bathroom space and six beds. The hostel has wireless Internet service and is locked from the street 24 hours a day.

"The GSP: Mexico is designed to

provide SU students with a positive volunteer opportunity abroad during spring break at a price that is accessible to as many as possible," said Brian Stiegler, director for the SU Center for International Education.

There is no need to know Spanish, but students can expect to learn a little on the trip: Masoco, a fluent Spanish speaker, said the city is easy to navigate and students will never be alone.

"People all over the world recognize a smile or an anxious face that would look like you needed help," she said. "So I don't think students need to be afraid of [a language barrier]."

SU president Dr. Janet Dudley-Eshbach plans to join the team in Aguascalientes and find some opportunities

to expand the program, possibly to negotiate an exchange program with nearby universities.

The project will not be all work and no play for the volunteers; they will visit the historic city of Zacatecas, take trips to local museums, go shopping and learn about Mexican culture. Aguascalientes, or "warm waters," is appropriately named after the natural hot springs near the town.

Samantha Koerner, Victoria Giampolo, and Derek Oliver are three students set to participate in the GSP.

"The GSP will take a week of our time, but it's going to have a huge impact on the citizens of Aguascalientes," Giampolo said. She plans to join the Peace Corps after graduation.

tion. "It is a good thing to do as a member of a global community," Masoco said. "It gives students an understanding that without a lot of skill but to give time and effort and your heart, you can do a lot to make a difference in people's lives."

This year marks the third year of a spring break GSP, but it is the inaugural year for work done in Aguascalientes. The previous destinations were in Costa Rica.

The project is open to all years and majors and there is still time to join in the effort. For more information or for an application, call the SUCIE office at (410) 334-3495 or stop by the office.

Student Spotlight Phil Zimmerman recounts time spent in Austria

By Amanda Johnson
Staff Writer

Senior Phil Zimmerman, an International Business major and Political Science minor, is enrolled with The American Institute of Foreign Studies, which has study abroad programs all around the world. Zimmerman, who works in the Vice President's office, received the opportunity to travel to Austria with 37 other students. He registered at The University of Salzburg.

Zimmerman studied business, philosophy, and German. He remembered how courses were taught much differently in Austria. Classes met for three hours a week, and students were involved with many outside cultural activities as well as independent research and reading.

At first, it was hard for him to adapt to the language; however, he found it easier over time.

"It was a great experience to learn about another culture, and it helped with learning the language," Zimmerman said.

Throughout Zimmerman's abroad experience, he traveled to eight different cities in Europe including Munich and Prague.

"It was the opportunity of a lifetime, you can see so much history in such small areas," Zimmerman said.

One of his best memories was Oktoberfest, which was celebrated in Germany and was one of the largest fairs in the world. Zimmerman's experience left him with a new set of friends from all around the world.

"It was a great experience; you really evolve as a person," Zimmer-



Adrienne Price photo
Phil Zimmerman

man said. According to Zimmerman, the only downside to being in a foreign country is being away from family and friends during Thanksgiving, which is not celebrated in Europe.

After spending three months in Austria, Zimmerman gave advice for those students who are considering studying abroad. "It is very important to keep an open mind and to try new things," Zimmerman said. "It is a great opportunity, so do as much as you can, and don't forget."

Unleash Your Fitness Potential Climb a Ladder

By Eric Buratty
Life & Style Editor

The overwhelming theme of health and fitness goals is to be more lean and muscular or more toned and defined. However, three sets of 10 reps becomes extremely ineffective and boring after a while. A good way to make your workout time more effective is to approach your training differently. Consider applying the cardio high-intensity interval-training method to resistance training. This approach teaches you how to "climb a ladder."

Induce maximum stimulus with minimal fatigue

This is the key to generating the best results in the short and long run. If you are training the nervous system properly, you will induce a positive stimulus response from the muscle area you are training while keeping fatigue to a minimum.

By choosing the proper weight, you can dominate the weight on every rep and still want more on following reps and sets. Another way to think of this balance between stimulation and fatigue is to think of executing low reps while producing as much force as possible. Executing the "climb a ladder" method allows you to achieve this balance.

Keep training intensity high

The higher the intensity of your workout, the better. The best way to keep training intensity high is to keep moving during your workout. One of the worst things you can do during training is to look at the clock. This

kills training intensity because it stops you from focusing on the quality of the rep or exercise.

Once the focus is lost, you are no longer "in the zone" because you have stopped moving. Fortunately, when using the "climb a ladder" method, you are forced to keep moving and possibly even forget about time altogether.

How to "climb a ladder" today

The idea is to pick exercises that are related to your current goals, and perform a progressive superset. The superset keeps your muscles under tension because you perform each exercise back-to-back. This keeps you moving in between sets. The superset here is comprised of five reps for each exercise, divided up into three to five sequences. The more energized you feel on a particular day, the more sequences you perform.

This type of superset is different than others because after the last superset (the set with five reps in the sequence for each exercise), you drop back down to one rep to start the whole sequence over again.

Also, you choose a weight that is about 75 to 85 percent of your one rep max, and this same weight is used throughout the entire workout.

This "climb a ladder" method will work best when the following key points are applied. First, activate your nervous system by performing lighter sets for each exercise. This is achieved by executing five reps with weights between 40 and 60 percent of your one rep max. Next, "explode" on every rep, or pretend as if each rep were your last. This is to be done on every rep of every set, including the lighter

"feeler sets." This ensures that you are producing as much force as possible, which translates to maximum stimulation for the muscle area being trained. Finally, the shorter the rest periods in between sets, the better. Do not exceed 15-20 seconds of rest in between sets.

In the sample routine listed below, you will stimulate the back and shoulders with the power snatch and overhead press exercises, respectively. Realize that all reps are to be performed on one side before moving onto the other for the power snatch; it is also important to make sure you drive your elbow up in the air as you explode with the full body. If you are really feeling "in the zone," you can get creative and add another exercise to make it a superset between three exercises.

In sum, since this approach produces maximum stimulus and minimal fatigue, the routine can be used by males and females. This "climb a ladder" method is effective because each succeeding set stimulates your nervous system more than the previous, which means you are training your muscles properly. The fact that you keep moving between sets is also important for high workout intensity. Overall, this method gives you an interesting and more fun approach to training, as it is not the typical three sets of 10 reps.

I'm a certified trainer. So if you have any questions about training or nutrition, feel free to e-mail me at eb55419@students.salisbury.edu. For those who are more serious, specify that in your e-mail, and I will be more than happy to consult with you.

Exercise	Climb a Ladder method: Perform 3-5 sequences of:
A1. Dumbbell power snatch (from floor, one side at a time)	1-2-3-4-5 reps
A2. Dumbbell overhead press	1-2-3-4-5 reps

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What's Cooking?

Recipes for a tight budget

By Michael Piorunski
Staff Writer

Soup's on again in the "What's Cookin'" kitchen, and packing the heat for the second straight week. This past weekend seven friends and I gathered around the dining room table in my new house to eat brimming bowls of black bean soup over rice to protect us from cold, and prepare us for the ensuing evening. It was refreshing to be able sit and enjoy the company and conversation of so many good people over a hot, home-cooked meal, and still have leftovers for the following morning.

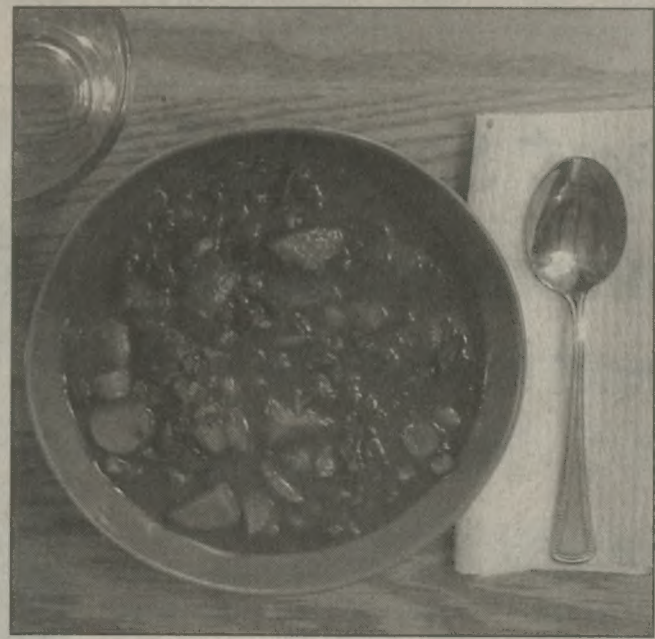
Black beans are economical – a one pound bag will only set you back a dollar – and pack an incredible nutritious punch. A cup of cooked black beans brings with it about 15 grams each of dietary fiber and protein, and one fifth of your daily recommended iron. Moreover, the soup incorporates many vegetables which are also excellent

sources of fiber, vitamins and minerals.

Black bean soup is another soup which develops rich and complex flavors as it slowly simmers. I like to let the soup simmer on low for an hour or more to allow all of the flavors to develop and combine. The ingredient list might seem a bit extensive, but there's nothing out of the ordinary. Like last week's chili recipe, I added a bottle of

stout to black bean soup to contribute a deep, roasted malt flavor to the soup.

This soup works with or without meat, which is nice if you're feeding a liberal college crowd. A smoked sausage like chorizo or smoked ham hocks would be good addition. The recipe suggests using a ham bone, and to add a new level of flavor you could sauté bacon with the onion and the rest of the veggies.



Michael Piorunski photo

Ingredients:
1 bag of dry black beans, soaked overnight
2 cups vegetable or chicken stock
4 cups water (more or less depending on preference)
1 ham bone (optional)
3 carrots, peeled and chopped
1 medium or large onion (red or yellow)
2 medium red potatoes
1 15 oz can of whole peeled tomatoes
1 6 oz can of tomato paste
1 can of corn
3 cloves garlic, finely diced (about 1 tablespoon)
1-2 jalapeño peppers (depending on heat preference)
2-3 cups chopped kale/colard greens
1/4 cup fresh cilantro, chopped
1 dark beer (stout or porter)
Juice of a lime (about 2 tablespoons)
2 tablespoons molasses (optional)
2 tablespoons olive oil
2 bay leaves
1 tablespoon cumin
1 teaspoon Old Bay
1 teaspoon paprika
1/2 teaspoon ground cayenne
2 teaspoons dried oregano
1/2 teaspoon cinnamon (optional)

1/2 teaspoon turmeric (optional)
Salt and pepper to taste

Method:

Drain the black beans from their soaking water, reserving half the liquid for cooking. Place the black beans, the bay leaves, ham bone (if using), the water and a pinch of salt in a four-quart pot over high heat. Bring the beans to a boil and reduce to medium heat to simmer while preparing the rest of the soup.

Cook the beans for about 35 minutes until they are not quite soft and tender (they'll finish cooking later). In a large soup pot, heat the olive oil and garlic over medium heat until the oil is hot and the garlic begins to become fragrant. Next add the onion and a pinch of salt and sauté for about three minutes, or until the onions start to become tender. Add the carrots, potatoes, corn, jalapeño peppers, the other bay leaf and another pinch of salt, sauté for an additional 10 minutes, mixing the vegetables occasionally to cook evenly. As you sauté the vegetables, add the spices.

After the vegetables have cooked for about five minutes, add the tomato paste and the canned tomatoes with their juices. Mix the tomatoes and the tomato paste with the vegetables, let reduce for about three minutes and add the beer. Reduce the liquid for an additional three minutes, and then add the beans with their cooking liquid and the ham bone, kale and/or collards, stock, lime juice, molasses (if using) and cilantro. Bring the soup to a boil, and then reduce the heat to medium/medium low to simmer for 45 minutes.

Tastes the soup as it simmers, as you may need to adjust the salt (and pepper) according to your preference.

Once the beans and the vegetables are tender, remove about 2 cups of the soup and place in a blender. Let the soup cool for several minutes (if you don't, you'll be cleaning soup off the walls) and blend until smooth. Add the blended soup back to the pot and stir to combine.

Serve over rice or with bread, or both, with avocado, chopped cilantro and/or a bit of sour cream.

Univ. of MD talent combines to form new band

By Rachael Stone
Staff Writer

When University of Maryland, College Park alumni Anthony Tulloch met current Maryland students Ryan Toomey, Cameron Rose, Mike Balderson and Eric Dionne, Tulloch had already created the music that would bond these musicians to form their band, The Free Radical.

Tulloch is the songwriter and pianist for the alternative rock band, and he wrote songs last November in hopes of finding a band to play them with.

"I wanted to show them what I had been working on all this time. They loved the music, so they wanted to be a part of it," Tulloch said.

The band, which started playing together in December, consists of two guitarists, Toomey and Dionne, drummer Balderson, bassist Rose, and songwriter and pianist, Tulloch.

"I have been messing around with these songs for a long, long time, but it took about two months to mix and actually master them," Tulloch said.

As soon as Tulloch was finished with an album to present to the band, he had hope that they would be on board to become The Free Radical.

"I just took little things in life and made them dramatic," Tulloch said. As far as musical influences go, their style of music combines a pop/rock sound similar to Muse, with a hip-hop lyrical style of R&B like Pharrell and The Neptunes.

"We consider ourselves to be labeled under the alternative rock genre," Toomey said. "We're a little bit of pop, rock, R&B, a little bit of everything."

Tulloch, a bio-chemistry major at Maryland, said the name of the band was inspired by one of his friends.

"Before I thought about adding a band, I was a just a lone singer and pianist," Tulloch said.

In chemistry terms, a free radical is an unpaired electron.

"Now that we have a band, we may just change it to The Free Radicals," Tulloch said. The band hopes to take off by the end of this year. They

aired on the College Park radio station last Saturday, which was also their first live performance.

"As for how well we do, it really depends on if everyone likes us," Toomey said.

The band has decided not to participate in any type of record deal.

"The industry doesn't really merit

actual talent anymore," Tulloch said. "My biggest philosophy is that I don't want people to think that we are trying to sell them something. If people are already going to download our music illegally, they mind as well just download it for free," Toomey said.

The Free Radical album can be

downloaded at www.freeradicalblog.com. Upcoming shows and news will be listed on their twitter account, "re-alfreeradical." The band hopes to begin playing at venues in College Park, Md. to start off their careers.

"If you like what you hear, come to our show. That's all we ask," Tulloch said.



Photo submitted by Rachael Stone

Members of the new band The Free Radical — bassist Cameron Rose, drummer Mike Balderson, guitarist Ryan Toomey and singer/pianist Anthony Tulloch, strike a pose.

Multiracial Student Organization seeks to provide identity and community

By Diana Dwyer
Staff Writer

Our nation's first biracial president, Barack Obama, is known for his speeches on hope. At SU, multiracial students can find hope in Obama's historic inauguration, and students who are part of the nation's fastest-growing demographic can become part of the new Multiracial Student Organization.

SU currently hosts organizations such as the Union for African American Students, Asian/Pacific Islander

Club and Organization for Latin American Students, but Multiracial Student Organization will be the first club for students of mixed race.

"We are trying to give people who do not have a solid racial identity a way to identify themselves," said Dr. Dennis Leoutsakas, associate professor of communication arts who teaches an interracial communication class.

Leoutsakas has been addressing racial concerns at the National Conference on Race and Ethnicity for the last four years.

According to the U.S. Census Bureau, "Americans who check more than one box for race on census surveys have jumped by 33 percent and now make up 5 percent of the minority population," and more than half of this population is younger than 20 years old.

The three primary goals of the new organization concern multiracial people, SU, and the entire nation.

First, the organization provides multiracial students "a place to talk about our issues and understand where our racial identity fits in modern US society," Leoutsakas said. It serves as a forum to talk about racial issues including interracial relationships and trans-racial adoptions.

Secondly, it is an avenue to inform and educate the Salisbury campus about this growing demographic that is often ignored.

Finally, the organization plans to take an active role and voice on a national level. The group plans to eventually send a few members to network at the NCORE for Higher Education.

The organization is working to recruit more members and become a

Recognized Student Organization on campus.

"Hopefully, it will help not only multiracial people, but monoracial people, feel like we don't have to choose," Hynes said. "It will help them understand us better."

The next interest meeting is at 7:30 p.m. on Wednesday, February 24 in Fireside Lounge and all students are welcome. E-mail Dr. Leoutsakas at dleoutsakas@salisbury.edu or Christina Hynes at ch6291@students.salisbury.edu for more information.

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Internationally-known Habib Koité to perform

SALISBURY, MD — North America had Elvis. Africa has Habib Koité. That continent's premier musician and his band, Bamada, visit SU Tuesday, March 9, presenting a free concert at 7 p.m. in Holway Hall Auditorium.

Koité comes from a noble line of Khasonké griots, traditional troubadours who provide wit, wisdom and musical entertainment at social gatherings and special events. He grew up surrounded by 17 brothers and sisters, and developed his unique guitar style accompanying his griot mother.

He inherited his passion for music from his paternal grandfather who played the kamele n'goni, a traditional four-stringed instrument associated with hunters from the Wassoulou region of Mali, Africa.

"Nobody really taught me to sing or to play the guitar," he said. "I watched my parents, and it washed off on me." Koité takes some unique approaches to playing the guitar. He tunes his instrument to the pentatonic scale and plays on open strings as one would on a kamele n'goni. At other times Habib plays music that sounds closer to the blues or flamenco.

His first album, "Muso Ko," released in the mid-1990s, quickly reached No. 2 on the European world music charts. His next, Ma Ya in 1998, shot all the way to No. 1 and stayed there for three months. Two additional albums released since then, Baro and Fôla, have received critical acclaim not only from music lovers, but musicians themselves, including Jackson Browne and Bonnie Raitt, the

latter with whom Koité has recorded. He has performed at some of the world's premier venues, including the Montreux Jazz Festival.

He has been featured in hundreds of newspapers and magazines including People, Rolling Stone and Vanity Fair, and has performed on radio and TV programs including National Public Radio's All Things Considered, the House of Blues Radio Hour, CNN WorldBeat and Late Night with David Letterman.

Those backing Koité in Bamada include percussionists Souleymane Ann, Mahamadou Kone and Fassery Diabate; bassist Wahab Abdou; and guitarist/harmonica player Boubacar Sidibe. On a world tour, they travel to Virginia for a

performance at The Barns at Wolf Trap following their performance at SU.

Sponsored by the Office of Cultural Affairs, Charles R. and Martha N. Fulton School of Liberal Arts, Multicultural Student Services, the Office of Student Organizations and Activity Planning and the Mid-Atlantic Arts Foundation, their performance is part of a two-day world music festival at SU, also featuring the Alash Ensemble throat singers of Tuva, Asia, on Wednesday, March 10.

"We are fortunate to have two amazing evenings of world music at SU," said June-Krell Salgado, cultural affairs director.

Admission to both is free and the public is invited.



Submitted photo

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Adrienne Price photo

Senior midfielder Ryan Finch goes for a ground ball following a face off against No. 18 Lynchburg on Saturday. Despite a third quarter comeback, the Sea Gulls held on to defeat the Hornets 14-9.

Men's lacrosse defeats No. 18 Lynchburg in home opener

By Brian Joiner
Staff Writer

The winter's snow has begun to melt; a sign that lacrosse season is beginning to heat up. The Salisbury University men's lacrosse team enters the 2010 season ranked No. 4 among Division III teams in the nation. After falling short in the NCAA tournament last year to rival Stevenson University, the Sea Gulls look to rebound and get back to their National Championship winning ways this spring.

After traveling to North Carolina last week and defeating Greensboro College, the Sea Gulls held their home season opener against No. 18 Lynchburg on Saturday afternoon. In front of a home crowd well over 800, Salisbury spanned their win streak to six games against the Hornets with a 14-9 victory.

After Lynchburg got things

started and scored first, Salisbury answered back when senior attackman, Mike Winter, got his first goal of the season off of an assist from sophomore midfielder Sam Bradman. The Gulls would close out the first half scoring seven straight goals and go up 11-2.

At the start of the second half, Winter would strike once again and score his fifth goal of the game putting Salisbury up 12-2. But Lynchburg did not roll over easy and began working on a run of their own.

The Hornets scored four straight goals in the third quarter, making the score 12-6.

"They started moving the ball around us better and came out pretty strong in the second half. We gave the ball up more than we should have and they took advantage of it," senior defender Thomas Cooper said.

However, Salisbury was able to hold off Lynchburg and finish the game out 14-9.

Winter finished the game with five goals matching his career best, set last season against Colorado College. Sophomore attackman Matt Cannone scored four goals and Bradman finished with three. Junior goalkeeper Johnny Rodriguez had seven total saves in the game.

SU led Lynchburg in nearly every statistical category, out-shooting the Hornets 43-30, picking up seven more ground balls, going 23-27 on clears, and scoring on two of their four extra man opportunities. Senior Ryan Finch was 14-21 on face-offs.

The Sea Gulls (2-0) will head back on the road to Widener University this Saturday at noon. The Pride are 0-1 so far in the 2010 season while the hot Sea Gulls look to continue turning up the heat.

NBA stars shuffle around the league as trade deadline closes

By Alexis Howard
Staff Writer

Every NBA team wants to be the best, making it crucial for many teams to beef up their rosters before the NBA trade window closes. The deadline ended on Feb. 18 at 3 p.m. and a multitude of teams made some very notable roster swaps.

Some fans may be satisfied with the trades; others may be disappointed that their favorite players are no longer on their favorite team. Either way, the window is now closed and teams affected by the trade include the New York Knicks, Boston Celtics, Sacramento Kings, Houston Rockets, Cleveland Cavaliers, Washington Wizards, Dallas Mavericks and Los Angeles Clippers.

The Wizards let go of four key players and team favorites such as forwards Caron Butler and Antawn Jamison, center Brendan Haywood, and guard DeShawn Stevenson. Wizards favorites Caron Butler and Brendan Haywood were released to the Dallas Mavericks, while the Cleveland Cavaliers snagged Antawn Jamison to play alongside forward and reigning league MVP LeBron James.

The Cavaliers were looking to bolster their front line to make a run at the NBA championship and had been after Jamison since last season. Cleveland also signed Los Angeles guard Sebastian Telfair.

In the deal, Washington added five new players to fill the spots of the four traded favorites. They in-

clude Josh Howard, James Singleton, Quinton Ross and Al Thornton. The Wizards also acquired first-round draft pick Zydrunas Ilgauskas from the Cavaliers.

The Boston Celtics obtained Nate Robinson and Marcus Landry. Robinson will provide the Celtics with an offensive spark off the bench. Meanwhile, the New York Knicks picked up Eddie House, J.R. Giddens, Bill Walker, Tracy McGrady and Sergio Rodriguez.

House, a clutch three-point shooter, will bring post season experience to New York, while McGrady, once a perennial all-star, will try to revive his career.

The Sacramento Kings acquired Carl Landry and Joey Dorsey from the Houston Rockets and also received former Wizard Larry Hughes from the New York Knicks.

While Hughes was traded, the Houston Rockets obtained Kevin Martin and Hilton Armstrong from the Kings, as well as Jordan Hill and Jared Jeffries from the New York Knicks. The Los Angeles Clippers received center-forward Drew Gooden from the San Antonio Spurs.

Many organizations were affected by this trade deadline and a significant amount of players were shuffled around to different teams. It will be interesting to see both how the players adapt to their new teams and, come playoff time, which team made out with the best deal.

U.S. running away with 25 and counting Olympic medals this year

By Therrian Dennis
Staff Writer

A week after the opening ceremonies commenced the 2010 Winter Olympics in Vancouver, the United States leads all countries with 25 medals, including seven gold.

Perhaps the biggest story coming into this winter's Olympic Games was the severe shin injury of American downhill skier Lindsay Vonn. Vonn injured her shin a week before her downhill run during a practice crash, which left her barely able to walk and wondering whether or not she would be able to compete.

Two weeks after her colli-

sion, she captured gold in the Ladies' Downhill—she clocked a time of 1:44.19, a little more than a half-second faster than the field. She also won bronze in the Ladies' Super G (Super Giant Slalom).

Controversy surrounded the judges' decision in the Men's free figure skating competition, as U.S. underdog Evan Lysacek was awarded gold over the heavily-favored Russian Evgeni Plushenko.

This marked the first time an American has won gold in the event since 1988, when Brian Boitano did it in Calgary, the seventh American overall.

Needless to say, Plushenko

wasn't happy, and it seems he felt he had put on a gold medal performance, claiming that what Lysacek did on the ice wasn't skating but "dancing." The judges gave Lysacek a score of 257.67; Plushenko was given 256.36, with the reasoning that Lysacek topped Plushenko in the technical aspects of skating: jumping, spinning and footwork.

Speed skater Shani Davis became the first man to win back-to-back gold medals when he won gold in the Men's 1000-meter speed skating. He finished with a time of 1:08.94, edging Korean rival Tae-Bum Mo by 0.18 of a second. Davis had made history four years ago

in the 2006 Winter Olympics in Turin when he became the first black athlete to win gold in an individual Winter Olympic event.

U.S. snowboarding sensation Shaun White repeated and won gold in the Men's Halfpipe, further adding to his legacy as the most dominant snowboarder of his generation. White scored 46.8 on his first run and 48.4 on his second, both of which were higher than the field. Fellow American Scott Lago took bronze in the event.

On Saturday night, American speed skater Apollo Ohno took bronze in 1000-meter short track event, earning him his record sev-



Accesshollywood.com photo
U.S. snowboarding sensation Shaun White celebrates his gold medal performance in Vancouver in the men's halfpipe.

enth Winter Olympics medal. Ohno also took silver in the 1500-meter event.

The closing ceremonies

take place Sunday, Feb. 28, and the U.S. is certainly looking to add to their medal count by then.

Baseball looks to begin their title quest

By Brian Willhide
Staff Writer

Last May, the SU baseball team saw their season end with an 11-6 defeat in the NCAA Division III South Regional game. Following the loss, head coach Doug Fleetwood told SUSeaGulls.com,

"We've got some great young kids here and we've got a great recruiting class coming in, so we feel real good about the future." Well, the future is now as the Sea Gulls are set to begin the 2010 season.

Losing only five seniors, the team is laden with veterans coming back

from last year's squad that finished 38-8 overall and was consistently in the top 10 in the national polls.

Highlighting this season's roster are two pre-season D3Baseball.com All-Americans in senior first baseman Mike Celenza and junior outfielder Andrew Miller.

Celenza, last season's Capital Athletic Conference Player of the Year, hit for a team-best .469 batting average and 12 home runs in his junior campaign and is expected to bat in the heart of the Sea Gull line-up.

As for stepping up as a senior leader, Celenza said, "I just want to

lead by example. I hope everyone sees me giving 100 percent every game."

Miller had a .406 average last season with nine home runs, 46 RBI and led the team with 13 doubles. Coming off a perfect 28-28 season stealing bases, Miller is a strong candidate to be coach Fleetwood's lead-off man.

Coming off a knee injury that limited his role towards the end of 2009 is junior catcher Ryan Smith. He led the team in RBI last season with 61 and is expected to be fully healthy this season.

"He says he feels like he's ready

to go, and if he is, he's a bona fide player," Fleetwood told SUSeaGulls.com.

But it will be pitching that Salisbury must rely on to produce the post-season success they covet. Perhaps the biggest loss of the graduating class is All-American starter Eric Willey, who ended his career among the top five pitchers in program history in innings pitched and wins.

Two returning All-CAC selections in juniors Dustin Herbert and Kyle Judson are expecting big seasons. Herbert has gone 16-3 the past two seasons with a combined

2.26 ERA in 30 total appearances. Judson went a perfect 9-0 with a 2.46 ERA in 2009.

Expectations are high for 2010, with the Sea Gulls ranked seventh nationally in the American Baseball Coaches Association preseason poll.

"We can't get caught up in the rankings. They mean absolutely nothing," Celenza said.

Herbert best summed up the team's season goals.

"Bottom line is I want a ring. I want a national title ... Anything less will be a disappointment," he said.

Athlete Spotlight

Eric Robichaud

By Patrick Drengwitz
Staff Writer

Freshman swimmer Eric Robichaud earned All-CAC at the conference championships last weekend as part of the 400-yard freestyle and 400-yard medley relay teams. He has been a competitive swimmer since the age of five and one of his fondest memories is of—when he and his best friend swam side-by-side in last year's high school state championships. They placed first and second; Eric said it felt great to stand on the podium with another teammate.

Robichaud recently sat down with The Flyer to answer a few questions.

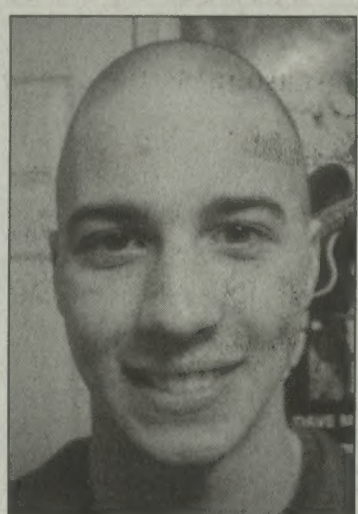
Why did you choose Salisbury University?
My older brother, who is a junior, goes to school here and he said he enjoys it a lot.

Has swimming always been your big sport, or did you drift from one thing to another?
I've been swimming for a long time so yes, it's my main sport.

What is your signature event?
Fifty-meter freestyle.

Being a freshman, are you excited to be competing at the college level and hope to learn as you go along from fellow swimmers?

Yes, I think it's a lot of fun to swimming here. Michael Phelps' cousin is on the team which is really cool.



Leslie Davis photo

What is your major/minor here at SU?
My major is physics. I don't have a minor yet but I am a bit interested in history.

Have you ever thought about going further with swimming after college?
Probably not. I think it will be over after college.

If you could have lunch with anyone in the world, who would it be and why?
Tiger Woods, simply because he is a really good athlete and the best at what he does.

What is one of your favorite hobbies?
When it's warm, I like to go to the beach.

Michael Phelps is officially the most decorated Olympian in history; clashing with his controversial behavior in the media. Being a swimmer, what is your opinion of Phelps?
I don't really care about what the media shows him doing. I think it's very impressive that he won all those medals because he clearly did all of it with extremely hard work.

What's something you consider key to success in sports? Commitment and keep working at it even if it seems like it's getting tough and you don't want to do it anymore.

Women's Lacrosse dominates Hood to start 2010 season

By Sarah Duffy
Staff Writer

The No. 2 Salisbury University women's lacrosse team opened the 2010 season strong with a double win on Saturday and Sunday. The Sea Gulls triumphed over Christopher Newport University 21-6 and Capital Athletic Conference opponent Hood College 20-1 the following day.

Salisbury has competed against CNU every year since 2004, and the win Saturday added one more to their perfect 7-0 record. Senior midfielder Beth Rhodney and junior attacker Logan Bilderback led the team with five points each. Juniors Meagan Osipowich and Aileen McCausland aided in the win with two points each.

Other members of the undefeated team who helped push the Sea Gulls to victory are freshman Roxanne Raab, who scored her first collegiate goal, and senior All-American Jessica Chmielewski, who made two assists during her first game back after an injury that forced her to sit out during most of the 2009 season.

Three goalies saw playing time Saturday; junior Julie Ann Caulfield started the game off. Freshmen Keli Berkman and Ali Meeks played later in the game.

Continuing the streak, SU began with a strong start on Sunday against Hood College, scoring eight goals in the first eight and a half minutes. Last season the Blazers were shut out 22-0 by the Gulls. Rhodney was a top player again, scoring three goals during the opening attack while junior attacker Trish DiGirolomo made two assists.

Sophomore midfielders Carrie Bray and Allie Wheatley, freshman attacker Maggie Roundy, Chmielewski and Raab all earned two goals each during the win-

ning game. A team-high three assists were dished out by senior attacker Kim Cudmore, and senior defender Jess Glazer scored her first ever collegiate point.

Berkman and Meeks both saw time in the goal, each playing half of the game. Hood player Caitlin Lawrence scored their only point of the game with 18 minutes left on the clock.

"Historically we have always done well against Hood," head coach Jim Nestor said, "We played well and didn't give them many opportunities."

Nestor hopes the team will win

the conference and make the final four this season.

"I'm really having the players push themselves and learn how to play well together."

The Sea Gulls were given the No. 2 position of the Division III preseason poll, which was released on Feb. 9 by the Intercollegiate Women's Lacrosse Coaches Association, sitting behind Franklin & Marshall College.

The two teams will face off at home on Mar. 20. The women's team will have their next game against Washington and Lee University at home on Feb. 24.



Dan Anderson photo

Sophomore defender Kristen Chandler fights for a face off against Hood College on Sunday afternoon. The Gulls routed Hood 20-1.

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Men's and Women's Basketball drop senior games

By Brian Lomax
Staff Writer

Senior night shone brightly for a few Salisbury University basketball players last Wednesday night, but both the men's and women's teams failed to grab important victories as both lost to Wesley College 75-72 and 62-56, respectively.

"There was a sense of urgency," said women's head coach Charisse Mapp. "It really set in during the second half. We didn't make any half time adjustments or strategic changes. We just came back out and played our game. Unfortunately in



Sophomore guard Glen Charlton fades away for a jumper against Wesley. Despite Charlton's team-high 15 points, SU fell in their season finale 62-56.

the end, it wasn't enough."

From the opening tip, both teams showed that they had come ready to play, as points went up on the scoreboard very quickly. The Wesley shooters were on all night from beyond the arc, and the early score showed that, as Salisbury struggled to keep up with the Wolverines.

The Sea Gull inside game also struggled to get going, and the Gulls were down by 15 points at the half.

Coach Mapp lit a fire under the women during her halftime speech, and SU turned on the full court press to start the second half. With

an increase in aggression and defense, the comeback was on. Sophomore guard Glen Charlton led the Gulls with 15 points, while freshman forward Nicole Sisco finished with fourteen.

"We never gave up," senior forward Kylie Hall said. "We aren't one to give up, we always want to be there in the end. We did what we talked about leading up to the game, but some shots didn't fall, and some of the calls in the game didn't go our way."

After the game, Mapp spoke about her two seniors, Kylie Hall and Janay Johnson. "Their intensity and effort never dropped, and they both worked hard every day. They have been tremendous examples for the younger players."

In the second half of the double-header, the Salisbury men competed hard, but ultimately did not complete their comeback against Wesley. Seniors Greg Palmer, Devin Jones, and Andrew Dickson were honored before the game, and the Sea Gulls played a thrilling game with playoff-like intensity.

Salisbury got off to a fast start behind Palmer's excellent shooting. The Salisbury native totaled 11 points in the first half, while also scoring his 1000th point as a SU player. Fellow guard Devin Jones dished out three assists, and the Sea Gulls played with a sense of pur-



Senior guard Greg Palmer fights a trap in the Gulls' 75-72 loss to Wesley. Palmer had 29 points in the game, pushing his career total over 1,000.

pose in the first half, scoring 31 points and taking a one point lead into the half.

As the second half started, Wesley came out on fire, but Salisbury matched their intensity step for step. Chris McGrew scored 21 points in the game, with 16 coming in the second half. Palmer led the Gulls with 29 points.

After the game, Palmer spoke

about his time at Salisbury.

"I feel like Salisbury was the right place for me. God blessed me with a lot of opportunities, particularly my sophomore year, which is the year that really catapulted my career and I'm very thankful for that."

The men clinched a spot in the CAC tournament with a win against Mary Washington on Saturday. First round competition begins Tuesday.

★ Sea Gulls★ Sea Gulls★ SPORTS BEAT ★ SPORTS BEAT ★ SPORTS BEAT ★

Indoor Track & Field

On Saturday the men's indoor track and field team won the Mason-Dixon Indoor Track & Field Conference Championship for the first time in school history. The Sea Gulls finished with a score of 106.5, just one-half point ahead of Gwynedd-Mercy College.

Senior Brandon Fugett was named Field Athlete of the Championship after improving his NCAA season-best distance in the shot put with a toss of 57 feet, 0.75 inches. The throw also broke the six-year-old Mason-Dixon Conference record.

Freshmen Dmitri Branford and Matt McMurdo were also clutch in the shot put, finishing third and fifth, respectively, to earn SU 18 points in the event, and the eventual championship.

Senior Delannie Spriggs won the 55-meter dash with an NCAA automatic-qualifying time of 6.34 seconds and junior Brandon Lane won the triple jump with a distance of 44 feet, 10.75 inches.

Senior Corey Beebe also claimed a school record in the 400-meter dash, sprinting to second place with a time of 50.17 seconds.

The men finished the championship with 11 All-Mason-Dixon Conference performances.

The women were successful on the day also, claiming third place in the championship, winning two events, and finishing with seven All-Mason-Dixon Conference performances.

Freshman Chelsea Tavik won

the women's shot put with a throw of 38 feet, 11 inches, beating her own school record and leading the way as SU finished with four of the top five throws in the event.

Sophomore Jennifer Houghton also took first place in the weight throw with a distance of 45 feet, 10 inches.

Head coach Jim Jones was named Mason-Dixon Conference Co-Coach of the Year.

Tennis

The men's tennis team hosted the Sea Gull Invite on Saturday and Sunday against The College of New Jersey. The Invite is a round-robin tournament that matches players of similar skill against each other, giving the players an early taste of NCAA tournament-style action.

Senior Scott Burtzlaff tallied three wins in singles action over the course of the weekend. Senior Evan Thomas and junior David Lupinetti each amasses two singles' victories, with Thomas refusing even to drop a set.

Senior Marcus Robinson, junior Giorgio Athens and sophomore Kyle Schneck also had solid wins in the tournament while freshman Henry Stuhler picked up two victories on the weekend.

In the doubles section of the tournament, the team of Burtzlaff and Thomas, ranked No. 3 in the Atlantic South Region, and the team of Lupinetti and senior Marcus Robinson each earned two wins throughout the tournament.

★ Sea Gulls★ Sea Gulls★ SPORTS BEAT ★ SPORTS BEAT ★ SPORTS BEAT ★

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SALISBURY SPORTS CALENDAR

Tuesday-2/23	Wednesday-2/24	Thursday-2/25	Friday-2/26	Saturday-2/27	Sunday-2/28	Monday-2/29
	2 p.m. Softball @ Virginia Wesleyan 2:30 p.m. Baseball vs. St. Mary's (Md.) 4 p.m. Women's Lacrosse vs. Washington & Lee 4 p.m. Softball @ Virginia Wesleyan			Noon Baseball @ St. Mary's (Md.) Noon Men's Lacrosse @ Widener 1 p.m. Women's Lacrosse @ Elizabethtown 1 p.m. Softball vs. Christopher Newport 2:30 Baseball @ St. Mary's (Md.) 3 p.m. Softball vs. Christopher Newport	9 a.m. Indoor Track & Field vs. George Mason Winter Games @ Fairfax, Va. @ George Mason University	